



**First Sunday of Advent**  
December 1st, 2024

**St Mary of Czestochowa**  
CATHOLIC CHURCH

1867 95th Street SE • Delano, MN 55328  
(952) 955-1139

*Growing together in Christ through the power of the Holy Spirit, leading others to Him; striving to become saints.*

**Father Paul Kubista, Pastor**  
Email: frkubista@stmarydelano.org

**Mary Kay Swartzter, Admin. Asst.**  
Email: mkswartzter@stmarydelano.org

**Phone:** 952-955-1139

**Website:** www.stmarydelano.org

**Facebook:** St Mary of Czestochowa

**Welcome!** If interested in becoming a member or becoming a Catholic, contact Fr. Kubista.

**Baptism:** Contact Fr. Kubista at least 3 months before the birth to attend a class and set a date.

**Faith Formation** for grades K-Confirmation Wednesday evenings from Sept 11th-April

**First Confession & Holy Eucharist:** Register for 2nd grade Faith Formation classes.

**Confirmation:** Register for 9th & 10th grade Faith Formation classes.

**Marriage:** Contact Fr. Kubista at least

six months before the planned wedding date.

**Pastoral Care of the Sick:** If you move to a nursing home or care facility and would like a priest to visit, or if unable to attend mass and would like communion at home, contact Fr. Kubista.

**Anointing of the Sick:** Contact Fr. Kubista when seriously ill or near death.

**Funerals:** Contact Fr. Kubista

**Eucharistic Adoration** - First Friday of every month 9-10am (including Confessions, Benediction) and Wednesdays 9am-6pm.

**First Saturday devotions** start 35 minutes prior to 4pm Mass.

**Mass Intention Requests** may be placed in the collection plate. Please enclose them in an envelope along with instructions (i.e., desired dates, number of masses, etc). Or contact Sue Roskowiak at 612-414-4705.

**Bulletin Items by Thurs noon:** kmotzko@stmarydelano.org

**Hall Rental:** Contact Mary Kay Swartzter.

**Safe Environment Coordinator:** Kathleen Motzko  
kmotzko@stmarydelano.org

**Formed.org** sign in under St. Boniface.

MASS SCHEDULE / Intentions		
Sat 30th	4pm	St Mary's Living & Deceased
Sun 1st	8:30am	Joe Swartzter, Sr +
Tues 3rd	6:30pm	Steven Bertsch
Wed 4th	8:30am	Carol & Brad Theisen +
Thur 5th	8:30am	Lorraine (Andres) Enos +
Fri 6th	8:30am	Charles Jacobson
Sat 7th	4pm	Bill Horsch +
Sun 8th	8:30am	St Mary's Living & Deceased

Lector and Sacristan Schedule	
Nov 30th	Tracy A (L/S), Jim & George (U)
Dec 1st	Huns V (L), Kate T (S), Joe N & Jim Otto (U)
Dec 7th	Stephanie C (L), Sue R (S), Don G & volunt. (U)
Dec 8th	Deb Dodge (L/S), Jim O' & Dave L (U)

**Reconciliation Times:** One-half hour before each Mass or by appointment.

**Rosary Times:** starts 16 min before each weekday Mass and 20 min before Sat & Sun Masses

**Divine Mercy Chaplet** after each weekday Mass

**Extra copies of the Advent/Christmas Schedule can be found on the back tables**

## A Message from Fr. Kubista:

(Continued from last week...) *“People with **personality disorders** have extreme and inflexible personality traits that are distressing to the person and/or cause problems in work, school, or social relationships. In addition, the person's patterns of thinking and behavior significantly differ from the expectations of society and are so rigid that they interfere with the person's normal functioning. Examples include antisocial personality disorder, obsessive-compulsive personality disorder, histrionic personality disorder, schizoid personality disorder, and paranoid personality disorder”* Personality *“encompasses thought and behavioral patterns that come through in every life situation...As part of your personality, character represents your ethical, moral, and social attitudes and beliefs.”* Our personality is mainly sourced in the soul and our character is a big part of it. St. Paul says: *“Not only that, but we even boast of our afflictions, knowing that affliction produces endurance, and endurance, proven character, and proven character, hope”* (Romans 5:3-4) There is a high subjectivity to personality so to say someone has a disorder means that it should be an extreme case which is very obvious. Some saints were considered extreme and inflexible in how they lived their lives and their defense of the faith. Again, since the soul is the primary source of personality, healing in this area is mainly the work of God's Grace who in part can work through individuals (counselors) to bring healing.

*“**Obsessive-compulsive disorder (OCD):** People with OCD are plagued by constant thoughts or fears that cause them to perform certain rituals or routines. The disturbing thoughts are called obsessions, and the rituals are called compulsions. An example is a person with an unreasonable fear of germs who constantly washes their hands”* Having constant thoughts or fears is not necessarily all that bad. It could be that the environment that one is in or the conditioning that has occurred in one's life has affected them so that they act in a reasonable way but to others not familiar or naive to the situation, it can appear abnormal. People can put labels on individuals and really do not understand what the label means. (A disorder has to be an extreme case.) We have to be careful when we label a person with a disorder because it can be very detrimental to that person, especially if we have distaste for their personality. Seeking help, especially God's guidance, is important. *“Cast your care upon the LORD, who will give you support.”* (Psalm 55:23)

*“**Post-traumatic stress disorder (PTSD):** PTSD is a condition that can develop following a traumatic and/or terrifying event, such as a sexual or physical assault, the unexpected death of a loved one, or a natural disaster. People with PTSD often have lasting and frightening thoughts and memories of the event, and tend to be emotionally numb”* There certainly can be both physical and spiritual ramifications to PTSD. When the effect of the trauma returns, a person is to turn to God, ask for help and strength, and ask for healing. *“He will shelter you with his pinions, and under his wings you may take refuge; his faithfulness is a protecting shield. You shall not fear the terror of the night nor the arrow that flies by day.”* (Psalm 91:4-5) *“The righteous cry out, the LORD hears and he rescues them from all their afflictions. The LORD is close to the brokenhearted, saves those whose spirit is crushed.”* (Psalm 34:18-19)

Others WebMD mentions are: [stress response disorder, dissociative disorder, factitious disorders, sexual and gender disorders (including gender identity disorder), somatic symptom disorders, and tic disorders]...*Other diseases or conditions, including various sleep-related problems and many forms of dementia, including Alzheimer's disease, are sometimes classified as mental illnesses, because they involve the brain.”* Because a mental illness can impact the person's ability to choose, their culpability (how responsible they are for sins they commit) can be diminished. So there is the tension between moving them to sin no more and at the same time, understanding that it may be harder for them to do what is right.

We pray for those who suffer from mental illness, that they would be helped, especially by the healing power of God's Grace. God bless you.

## Advent Starts Dec. 1st

**Morning or Evening Prayer of the Liturgy of the Hours** (the daily prayer of the Church) will be said after masses during Advent. It will take around 10 minutes so it might be something for you consider staying for or you can do it on your own. You can download the app for your phone at [ibreviary.com](http://ibreviary.com).

**New class by Fr. Kubista**—An opportunity to learn more about God will begin on Tuesday December 3rd at 7:15pm - 8:45pm. Join Fr. Kubista as we learn more about various aspects of God that have been revealed to us.

**Free Book for Advent, *Arise from Darkness*** (limit one per household please), are available on the back tables. Advent is a good time to become better prepared for Christ and reading a book like this can help us grow in our trust of Jesus.

### **The Solemnity of the Immaculate Conception is transferred to Monday, Dec 9th.**

Archbishop Hebda has dispensed us from the obligation of attending mass for the Holy Day. We will have Mass at 6:30pm on that day.

## **Second Collection Dec 7-8 for the Retirement Fund for Religious**

Support those who have given a lifetime. Religious Sisters, Brothers, and Priests have dedicated their lives to service—praying, teaching, and caring for those in need—usually for little to no pay. Today, their religious communities do not have enough retirement savings. The annual Retirement Fund for Religious helps enable many religious communities to meet their pressing retirement needs for the essential care, medicine, and daily needs of thousands of senior women and men religious. Your contributions also support newer religious communities with their retirement planning. In 2023, together, the faithful of our archdiocese donated \$428,604 to the fund. A testament to how much we love our consecrated religious! We thank you for your past generosity and ask when the 2024 collection takes place December 7—8, if you'd please give generously and gratitude to our religious sisters, brothers, and priests. Donations may be given directly to your parish for them to forward onto the archdiocese.

**Window Update**—The stained glass windows are expected to be put back in around December 20th. They installed most of the storm windows that cover the bottom portion of the larger glass windows. Thank you to those who have donated for this cause; the total received is \$7955.

**Thank you** to everyone who helped with the Family Fun Night and to those who donated food for the supper and prizes for Bingo. It was lots of fun for all who attended.

### **Our Sacrificial Giving**

*We offer unto you, O Lord, our sacrificial giving. Thank you.*

Average weekly collection income need	\$3,315.00
11/24/24 Weekly Envelopes/Autobanking	\$2,532.00
Weekly Plate collection	\$745.00
Building	\$20.00
Christmas flowers	\$25.00
All Saints/All Souls	\$30.00
Bingo night donations	\$295.00
Bulletin ads	\$100.00
<b>Collection Total for 11/24/24:</b>	<b>\$3,747.00</b>
Masses *	\$134.00
Budgeted Collection Income YTD**	\$69,615.00
YTD Weekly Collection (as of 11/24/24)	\$80,660.24

\* Not included in Collection Total

\*\* Does not include festival income

## Parish Events

- Dec 1st—Donut Sunday
- Dec 3rd at 7:15pm—Class on God
- Dec 4th at 6:30pm—Faith Formation
- Dec 6th—First Friday Mass, Adoration, Confessions, Benediction
- Dec 7th-8th—Second Collection for Retirement Fund for Religious
- Dec 7th—First Saturday devotions starting at 3:25pm
- Dec 9th at 6:30pm—Mass for the Solemnity of the Immaculate Conception of the Blessed Virgin Mary
- Dec 24th at 4pm—Christmas Eve Mass
- Dec 25th at 8:30am—Christmas Day Mass

**Thank you** to everyone who helped to organize the Memorial Mass and provide the wonderful treats for the reception afterward.

**The Catholic Order of Foresters Court 1560 quarterly meeting** will be held on Sunday, December 1, 2024 at noon at 310 Pacific Ave, Waverly, MN. Everyone is welcome to attend. Please call 763-658-4009 for information or directions. **The annual Christmas Party** will be Sunday, December 8th in the St. Mary's (Waverly) Parish Center from 2:00 pm - 5:00 pm. They will be serving a pizza lunch at 3:30 pm. There will be kids games, crafts, Mrs. Claus and door prizes. All COF members and their families are welcome, as well as those who would like to learn more about COF.

Thank you sponsors! If you are interested in placing an ad, please contact Kathleen at [kmotzko@stmarydelano.org](mailto:kmotzko@stmarydelano.org)

**STEIN'S**  
HEATING COOLING

Central A/C & Furnace Repair  
Boilers \* Ducts & Vents Installation  
612-702-1780 Watertown

Delano **CARQUEST**

600 Babcock Blvd E, Delano  
Ph. 763-972-8500  
carquest.com  
Andy, Chad, Mary & Rodger Erickson

Simply Benefits

Stephanie & Jim Cappelleri  
763-972-3191  
[www.simply-benefits.com](http://www.simply-benefits.com)

## Keep In Your Prayers

Col. Andy Swartzter (Military)  
Elizabeth Roszkowiak, Mary  
Lynn Swartzter, Sandy  
Hendrickson, Kolby Mills,  
Heather O'Brien, Betty Judd,  
Karen Otto, Julie Windsperger,  
Tom & Pam Bruzek, Mary  
Smith, Carol McGuire, Kent  
Stassen, Jim Berneck,  
John & Jo Jackson

*Lord, look upon them with eyes of mercy, may your healing hand rest upon them, may your life-giving powers flow into every cell of their bodies and into the depths of their souls, cleansing, purifying, restoring them to wholeness and strength for service in your Kingdom. Amen.*



**Radio Rosary**  
**11:00 am Sundays**

KRWC - 1360 AM Buffalo

**Dec 1st**—for living and deceased members of Catholic Order of Foresters Council 1560, Delano

**Dec 8th**—for living and deceased members of St Francis Xavier Catholic Church, Buffalo