



Thirty-Third Sunday in Ordinary Time
November 17th, 2024

St Mary of Czestochowa

CATHOLIC CHURCH

1867 95th Street SE • Delano, MN 55328
(952) 955-1139

Growing together in Christ through the power of the Holy Spirit, leading others to Him; striving to become saints.

Father Paul Kubista, Pastor
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Facebook: St Mary of Czestochowa

Welcome! If interested in becoming a member or becoming a Catholic, contact Fr. Kubista.

Baptism: Contact Fr. Kubista at least 3 months before the birth to attend a class and set a date.

Faith Formation for grades K-Confirmation Wednesday evenings from Sept 11th-April

First Confession & Holy Eucharist: Register for 2nd grade Faith Formation classes.

Confirmation: Register for 9th & 10th grade Faith Formation classes.

Marriage: Contact Fr. Kubista at least

six months before the planned wedding date.

Pastoral Care of the Sick: If you move to a nursing home or care facility and would like a priest to visit, or if unable to attend mass and would like communion at home, contact Fr. Kubista.

Anointing of the Sick: Contact Fr. Kubista when seriously ill or near death.

Funerals: Contact Fr. Kubista

Eucharistic Adoration - First Friday of every month 9-10am (including Confessions, Benediction) and Wednesdays 9am-6pm.

First Saturday devotions start 35 minutes prior to 4pm Mass.

Mass Intention Requests may be placed in the collection plate. Please enclose them in an envelope along with instructions (i.e., desired dates, number of masses, etc). Or contact Sue Roskowiak at 612-414-4705.

Bulletin Items by Thurs noon: kmotzko@stmarydelano.org

Hall Rental: Contact Mary Kay Swartzter.

Safe Environment Coordinator: Kathleen Motzko
kmotzko@stmarydelano.org

Formed.org sign in under St. Boniface.

MASS SCHEDULE / Intentions		
Sat 16th	4pm	St Mary's Living & Deceased
Sun 17th	8:30am	Arlene Korstan Litchy +
Tues 19th	6:30pm	Special Intention
Wed 20th	8:30am	Jerry Peterson +
Thur 21st	8:30am	Bill Horsch +
Fri 22nd	8:30am	Ben & Tracey Foede +
Sat 23rd	4pm	Terry Gray +
Sun 24th	8:30am	St Mary's Living & Deceased

Lector and Sacristan Schedule	
Nov 16th	George & Sue (L/S), Don G & volunteer (U)
Nov 17th	Theisens (L/S), Jim Otto & Joe M (U)
Nov 23rd	Huns V (L), Sue J (S), Jim & George (U)
Nov 24th	Glavans (L/S), Jim O' & Gene G (U)

Reconciliation Times: One-half hour before each Mass or by appointment.

Rosary Times: starts 16 min before each weekday Mass and 20 min before Sat & Sun Masses

Divine Mercy Chaplet after each weekday Mass

Thank you to all of those who volunteer to be Lectors, Sacristans, and Ushers at our masses. Your dedication is much appreciated!

A Message from Fr. Kubista:

As human persons, we are both body and soul, a composite which is intertwined. The soul affects the body and the body the soul. Our body has all kinds of important organs (elements) that make it up and two of the most important are the heart and the brain. These two organs correlate to our soul: the heart to the will and the brain to the intellect. When our heart is not functioning as well (beats faster, pumps harder) it makes it harder for us (to will) to do things because we get tired more easily. When our brain is not functioning well (brain fog, headache) it makes it hard for us to think about things, to use our intellect. So our body and soul are integrated to each other.

Because our brain can affect our soul and vice versa, it is important to look at things that can happen to the brain. One of the areas is mental illness. *“A mental illness is a disease that causes mild to severe disturbances in thought and/or behavior, resulting in an inability to cope with life’s ordinary demands and routines (Mental Health America)”* The Mayo Clinic says: *“Mental illness, also called mental health disorders, refers to a wide range of mental health conditions — disorders that affect your mood, thinking and behavior.”* The American Physiological Association classifies Alzheimer’s disease as a chronic brain disease (not a mental illness) which *“gradually erodes an individual’s memory, intellectual abilities, and personality.”* In reading these definitions, it is not clear if “mental” refers to the brain only or both the brain and the soul together. (My suspicion is that it is the brain only.) If it is viewed as brain only, there can be a misdiagnosis and an underlying spiritual issue will not be addressed which could lead to further problems. If mental illness is considered as being only on the physical level then a better definition would be a mental illness is disease in which part of the brain is not functioning properly and which negatively impacts thought and/or behavior. In this case, one would prescribe things that would correct the functioning of the brain so it is not negatively affecting thought or behavior. If it is a combination of both brain and soul (which it is) then it requires both a physical and spiritual diagnosis and remedy.

What is the difference between mental illness and spiritual illness? The soul has the capacity to think, to use the intellect, thus to come to know things and remember things. The soul also has the capacity to choose things (to use the will). Emotions can move the soul, so these can come from the body or the soul itself. For example fear can be something that occurs in the body which then informs the soul, which reacts. So when someone says that you have a mental illness, it makes more sense that the brain and soul are interacting together to cause the illness. The brain might be functioning properly but the reaction in the soul is deficient and so it is more a spiritual illness needing spiritual care. We know that when a person is possessed by a demon, they do things which are different and not in line with the normal. So if someone has a mental illness, to prescribe drugs may not be the right answer rather they need spiritual help and healing, they might need deliverance. We should not underestimate the negative effects that evil plays on our mental state.

To come to know what to address, we really have to look at the source of the issue. For example a food, gambling, alcohol or drug addiction means that the person is hooked on these things in a bad way. They have lost the ability to control their appetite in part because of the pleasure they get from the addiction. In order to get out of the situation, they have to take back control of their will (spiritual) and choose not to abuse these things. Negative effects on the intellect (soul) have a more prominent impact on us than negative effects on the brain (body). (Continued next week...)

November—The Month of the Holy Souls

During November, as in all of Ordinary Time (Time After Pentecost), the Liturgy signifies and expresses the regenerated life from the coming of the Holy Spirit, which is to be spent on the model of Christ's Life and under the direction of His Spirit. As we come to the end of the Church year we are asked to consider the end times, our own as well as the world's. The culmination of the liturgical year is the Feast of Christ the King. "This feast asserts the supreme authority of Christ over human beings and their institutions.... Beyond it we see Advent dawning with its perspective of the Lord's coming in glory."— *The Liturgy and Time*, A.G.

Prayer for Mercy for the Holy Souls in Purgatory

Have Mercy, O gentle Jesus! On the souls detained in Purgatory. For their ransom You took upon Yourself our human nature and suffered the most cruel death.

Pity their sighs and tears shed when they raise their eyes toward You; and by virtue of Your Passion, cancel the penalty due to their sins. May Your Precious Blood, O tender Jesus, descend into Purgatory to comfort and refresh all who languish in captivity. Reach forth Your Hand to them, and lead them into the realms of refreshment, light, and peace. Amen
— *from Soul Assurance Plan, 2019*

Wednesday Adoration Update

We are in need of second Adorers for the 12pm and 2pm hours, and also have a need for substitutes, especially coming into the winter months when there is more seasonal travel. If you are interested or have questions, please contact Sue Broll at 763-213-7923 or Kathleen Motzko at kmotzko@stmarydelano.org



Memorial Mass Nov. 26th

Join us for a special Memorial Mass to honor the memory of our loved ones in a special way as we approach Thanksgiving. Whether it has been a recent loss or many years ago, we never forget those who are dear to us. To honor their memory in a special way, as we approach Thanksgiving, you are invited to a memorial Mass on Tuesday, November 22nd.

The rosary will be prayed at 6:15 pm, Mass begins at 6:30 pm, and the Divine Mercy Chaplet will immediately follow Mass. Come early to light a candle to place near the altar. Candles will be provided.

Refreshments and a time of sharing follow Mass in the church hall downstairs.

Book of Remembrance

During the month of November, the Book of Remembrance will be placed on a stand in the vestibule. Please feel free to add the names of deceased loved ones who will be honored and celebrated at the Memorial Mass on Tuesday, November 26th.

Our Sacrificial Giving

We offer unto you, O Lord, our sacrificial giving. Thank you.

Average weekly collection income need	\$3,315.00
11/10/24 Weekly Envelopes/Autobanking	\$3,548.90
Weekly Plate collection	\$934.56
All Saints/All Souls	\$20.00
Bulletin ads	\$200.00
Land Rent	\$6,153.75
Collection Total for 11/10/24:	\$10,857.21
Masses*	\$30.00
Budgeted Collection Income YTD**	\$62,985.00
YTD Weekly Collection (as of 11/10/24)	\$73,343.62

* Not included in Collection Total
** Does not include festival income

Parish Events

- **Nov 17th—Confirmation Retreat after Mass—9:30am—1:45pm**
- **Nov 20th—Faith Formation at 6:30pm**
- **Nov 23rd—Parish Fun Night after Mass**
- **Nov 26th—Memorial Mass with reception following**
- **Nov 28th—Thanksgiving Day Mass at 8:30am**
- **Dec 1st—First Sunday of Advent**
- **Dec 6th—First Friday Mass, Adoration, Confessions, Benediction**
- **Dec 7th—First Saturday devotions starting at 3:25pm**

Parish Fun Night Nov, 23rd—Join us for an evening of fellowship, food, and free bingo. A light meal will be served after Mass from 5-6pm, and bingo will go from 6-8pm.. A free-will offering will be collected for the meal. We are looking for donations for prizes so please feel free to drop them off in the basement or bring the night of the event. Please consider items such as small household gadgets and linens, tools and guy stuff, holiday décor, cash and gift cards, baked goods, canned and pickled items, candy, books, puzzles, toys and kids games. Thanks!



Thank you sponsors! If you are interested in placing an ad, please contact Kathleen at kmotzko@stmarydelano.org

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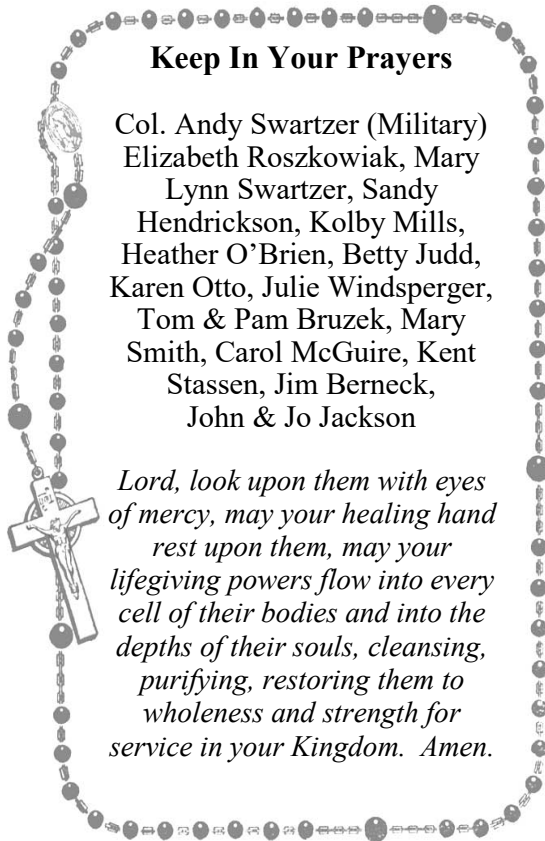
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Keep In Your Prayers

Col. Andy Swartzter (Military)
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Lynn Swartzter, Sandy
Hendrickson, Kolby Mills,
Heather O'Brien, Betty Judd,
Karen Otto, Julie Windsperger,
Tom & Pam Bruzek, Mary
Smith, Carol McGuire, Kent
Stassen, Jim Berneck,
John & Jo Jackson

Lord, look upon them with eyes of mercy, may your healing hand rest upon them, may your lifegiving powers flow into every cell of their bodies and into the depths of their souls, cleansing, purifying, restoring them to wholeness and strength for service in your Kingdom. Amen.



Radio Rosary
11:00 am Sundays

KRWC - 1360 AM Buffalo

Nov 17th—for living and Deceased members of St Mary of Czestochowa Catholic Church, Delano

Nov 24th—for living and deceased members of Catholic United Financial Council 31, St Michael