



Twenty-Third Sunday in Ordinary Time
September 8th, 2024

St Mary of Czestochowa
CATHOLIC CHURCH

1867 95th Street SE • Delano, MN 55328
(952) 955-1139

Growing together in Christ through the power of the Holy Spirit, leading others to Him; striving to become saints.

Father Paul Kubista, Pastor
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Website: www.stmarydelano.org

Facebook: St Mary of Czestochowa

Welcome! If interested in becoming a member or becoming a Catholic, contact Fr. Kubista.

Baptism: Contact Fr. Kubista at least 3 months before the birth to attend a class and set a date.

Faith Formation for grades K-Confirmation Wednesday evenings from Sept 11th-March

First Confession & Holy Eucharist: Register for 2nd grade Faith Formation classes.

Confirmation: Register for 9th & 10th grade Faith Formation classes.

Marriage: Contact Fr. Kubista at least

six months before the planned wedding date.

Pastoral Care of the Sick: If you move to a nursing home or care facility and would like a priest to visit, or if unable to attend mass and would like communion at home, contact Fr. Kubista.

Anointing of the Sick: Contact Fr. Kubista when seriously ill or near death.

Funerals: Contact Fr. Kubista

Eucharistic Adoration - First Friday of every month 9-10am (including Confessions, Benediction) and Wednesdays 9am-6pm.

First Saturday devotions start 35 minutes prior to 4pm Mass.

Mass Intention Requests may be placed in the collection plate. Please enclose them in an envelope along with instructions (i.e., desired dates, number of masses, etc). Or contact Sue Roskowiak at 612-414-4705.

Bulletin Items by Thurs noon: kmotzko@stmarydelano.org

Hall Rental: Contact Mary Kay Swartzter.

Safe Environment Coordinator: Kathleen Motzko
kmotzko@stmarydelano.org

Formed.org sign in under St. Boniface.

MASS SCHEDULE / Intentions		
Sat 7th	4pm	St Mary's Living & Deceased
Sun 8th	8:30am	Arlene Litchy Kortan +
Tues 10th	6:30pm	Bill Horsch +
Wed 11th	8:30am 6:30pm	Weldon Burchill Faith Form. Teachers, Students
Thur 12th	8:30am	Walter Swartzter +
Fri 13th	8:30am	NO MASS
Sat 14th	4pm	Allen Henry +
Sun 15th	8:30am	St Mary's Living & Deceased

Reconciliation Times: One-half hour before each Mass or by appointment.

Rosary Times: starts 16 min before each weekday Mass and 20 min before Sat & Sun Masses

Lector and Sacristan Schedule	
Sept 7th	Tracy A (L/S), Don G & volunteer (U)
Sept 8th	Glavans (L/S), Jim Otto & Joe N (U)
Sept 14th	Dickhausens (L,S), Jim & George (U)
Sept 15th	Theisens (L/S), Jim O' & Dave L (U)

*For The Sake of His Sorrowful
Passion, Have Mercy on Us and
On The Whole World*

A Message from Fr. Kubista:

We can apply the moral principles of taking drugs to marijuana (cannabis) which is being legalized in a number of states. What is it, what are its effects, and is it morally permissible to take it?

What is marijuana? *“Marijuana refers to the dried leaves, flowers, stems, and seeds from the Cannabis sativa or Cannabis indica plant”* and is one of the most widely used drugs in the United States, especially young people. Marijuana is smoked *“in hand-rolled cigarettes (joints) or in pipes or water pipes (bongs)…”* To avoid inhaling smoke, some people are using vaporizers. *These devices pull the active ingredients (including THC) from the marijuana and collect their vapor in a storage unit. A person then inhales the vapor, not the smoke… People can mix marijuana in food (edibles), such as brownies, cookies, or candy, or brew it as a tea.”* THC gets into the bloodstream either via the lungs immediately through smoking or “vaping” or through the intestines around ½ to 1 hour after one eats.

There are at least two key components in marijuana which deserve focus, cannabidiol (CBD) and tetrahydrocannabinol (THC). There is debate as to whether CBD’s help or not. Some claim that CBD has anti-inflammatory and antioxidant properties, it has therapeutic potential for many diseases, it balances the impacts of THC, and alone it *“has been demonstrated to have numerous medical advantages and uses”* Others claim there are no benefits rather health risks associated with CBD. Some of the effects of THCs are: it gives one the “high”, alters senses, alters sense time, changes mood, impairs body movement; it creates nervousness, dry mouth, and red eyes. CBDs seem less questionable to take medically than THCs.

Is it ok to use marijuana? For non-medical use, it is not because there is not enough evidence to support that there are no negative side effects to its use. WebMD says that marijuana can leave one *“anxious, afraid, panicked, or paranoid”*, raise one *“chances of clinical depression or worsen the symptoms of any mental disorders”*, in high doses can cause one *“to lose understanding of what’s real and what’s not, so you hear or see things that aren’t there and can have long-lasting odd thoughts”*, *“increased risk of schizophrenia which also affects the way you understand what’s real, but it includes other symptoms like trouble with speech and not being able to focus and show emotions”*, clouds senses and judgment, makes it harder to focus or learn or remember things, and its smoke can inflame and irritate the lungs. The CDC says those who use cannabis struggle with addiction to it, it affects the part of the brain *“responsible for memory, learning, attention, decision making, coordination, emotions, and reaction time”*, it *“can make the heart beat faster and raise blood pressure immediately after use”*, it increases the risk of stroke, heart disease, and other vascular diseases, it causes heart to beat faster and blood pressure to rise. Another source says cannabis can change the brain structure in young people and increases the risk of *“developing schizophrenia, bipolar disorder, depression, and anxiety.”*

There are medical reasons for taking marijuana. Its therapeutic uses include *“chronic pain, cancer, chemotherapy-induced nausea and vomiting, anorexia and weight loss associated with HIV, irritable bowel syndrome, epilepsy, spasticity, Tourette syndrome, amyotrophic lateral sclerosis, Huntington’s disease, Parkinson’s disease, dystonia, dementia, glaucoma, traumatic brain injury, addiction, anxiety, depression, sleep disorders, posttraumatic stress disorder, and schizophrenia and other psychoses.”* Marijuana lowers blood pressure, reduces inflammation, treats anxiety disorders, treats gastrointestinal disorders, prevents seizures, and fights cancer. So there are reported problems and benefits from marijuana so one has to weigh these when taking it medically.

There is enough evidence that suggests that marijuana negatively affects the normal function of the body (especially the brain) therefore it should not be used unless there are very good medical reasons to do so. The Bishops of Minnesota in *“Living in the Real: A Short Primer on the Risks of Marijuana Usage”* and the Archdiocese of Denver in *“That They Might Have Life”* discuss drug related issues. God bless you.

New Course on Catholic Civics at St Anne in Hamel starting Sept 10th

Mr. John Niemann will be offering an intensive look at the function of government in the United States and the role that Catholics must play. This is a semester-long class with a tuition of \$250 per student. The class will be weekly at St. Anne's Parish, in Hamel, in the Parish Office lower level Choir Room and starts on Sept. 10th and ends Jan. 14th, 2025. The days will be Tuesdays, after the Latin Mass, from 7:30 to 9pm. The class covers the function of government (in theory and actual behind the scenes), lobbying, election reform, civil liberties, The US Constitution and Bill of Rights, and landmark Supreme Court decisions. The class also intends to help students identify how living their faith within the context of the US Nation can and should be a fulfilling, deliberate, and serious effort. For more information, contact Joshua LaFond at 763-228-5407.

Maintenance Update— Another maintenance item has been completed. Tom Mittelstaedt Painting Inc. has stained the church fence and rectory deck and painted all the black metal outside railings. A few of the railings really needed a good paint job. Thanks Tom!

Our Sacrificial Giving	
<i>We offer unto you, O Lord, our sacrificial giving. Thank you.</i>	
Average weekly collection income need	\$3,315.00
9/1/24 Weekly Envelopes/Autobanking	\$1,960.00
Weekly Plate collection	\$789.00
Collection Total for 9/1/24:	\$2,749.00
Budgeted Collection Income YTD**	\$29,835.00
YTD Weekly Collection (as of 8/25/24)	\$28,891.62

* Not included in Collection Total

** Does not include festival income

September is the Month of Our Lady of Sorrows

The month of September is dedicated to the Seven Sorrows of Mary. Devotion to the sorrows of the Virgin Mary dates from the twelfth century, when it made its appearance in monastic circles under the influence of St. Anselm and St. Bernard. The Cistercians and then the Servites undertook to propagate it. It became widespread in the fourteenth and especially the fifteenth centuries, particularly in the Rhineland and Flanders, where Confraternities of the Sorrowful Mother sprang up. It was in this context that the first liturgical formularies in her honor were composed. A provincial council of Mainz in 1423 made use of these in establishing a "Feast of the Sorrows of Mary" in reparation for Hussite profanations of her images.

In 1494 the feast appeared in Bruges, where the Precious Blood of Christ was venerated; later on it made its way into France. It did not, however, become widespread in France before Benedict XIII included it in the Roman Calendar in 1727 and assigned it to the Friday before Palm Sunday.

Some Churches had previously celebrated this feast during the Easter season. Others, however, celebrated the Joys of the Blessed Virgin during the Easter season, as is still done today at Braga. In some places it was entitled "Recollection of the Feasts and Joys of the Blessed Virgin Mary."

- Excerpted from *The Church at Prayer*, Vol. IV A.G. Martimort.

King's House Retreats—see bulletin board for details on upcoming retreats or check out www.kingshouse.com

Women's Silent Weekend Retreat –
Sept 20-22, 2024

Women's Silent Midweek Retreat –
– Sept 24-26, 2024

Men's Silent Weekend Retreat –
Sept 27-29, 2024

Married Couples Weekend Retreat
(not silent) – Oct 18-20, 2024

Parish Events

- **Sep 11th— Eucharistic Adoration
9am-6pm**
- **Sept 11th at 6:30pm—Faith
Formation starts, Mass at 6:30pm**

Weekly small group discussion groups: The current topic is Prayer 101. Groups meet Monday evenings at 6pm or Thursday mornings after Mass. (9:15am).

Small group schedule change—The Wednesday evening small group will now meet Monday evenings at 6pm, starting Sept. 16th. There will be no meeting this week.

Faith Formation starts September 11th! Online registration is now open. A letter to parents was sent out to families currently participating. The letter and registration link are also on the St Mary website. *First Communion and Confirmation students need to provide photocopies of their Baptism certificates.* Please bring copies to the first class on Sept. 11th. The evening will start with Mass at 6:30, followed by class.

Thank You—The two toilets that the Church bought are installed in the church basement restrooms. We thank John from **Watertown Plumbing** for installing them at no charge. Thank you John!

Thank You also to Joe Mauk of **Joe Mauk Siding** for cleaning the gutters on the garage and rectory at no charge. Thank you Joe!

Thank you sponsors! If you are interested in placing an ad, please contact Kathleen at kmotzko@stmarydelano.org

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Keep In Your Prayers

Col. Andy Swartzter (Military)
Elizabeth Roszkowiak, Mary
Lynn Swartzter, Sandy
Hendrickson, Kolby Mills,
Heather O'Brien, Betty Judd,
Karen Otto, Julie Windsperger,
Tom & Pam Bruzek, Mary
Smith, Carol McGuire, Kent
Stassen, Rosie Cappelleri, Jim
Berneck, John & Jo Jackson

*Lord, look upon them with eyes
of mercy, may your healing hand
rest upon them, may your
lifegiving powers flow into every
cell of their bodies and into the
depths of their souls, cleansing,
purifying, restoring them to
wholeness and strength for
service in your Kingdom. Amen.*

Radio Rosary
11:00 am Sundays

KRWC - 1360 AM Buffalo

Sept 8th—for living and deceased
members of St. Mary of Czestochowa
Catholic Church, Delano

Sept 15th—for living and deceased
members of Catholic United Financial
Council 31, St Michael

